

Gaviscon Advance Chewable Tablets Peppermint Flavour, 60 chewable tablets. Each chewable tablet contains 500mg sodium alginate and 100mg potassium bicarbonate as the active ingredients. Contains aspartame (E951) sodium and calcium. See leaflet for further information. For oral administration. Adults, including the elderly and children 12 years and over: Take one to two tablets after meals and at bedtime, or as directed. Children under 12 years: Should only be taken on medical advice. Chew thoroughly before use. If symptoms persist after seven days consult your doctor. **KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.** Do not store above 30°C. Store in the original pack. High in sodium – see leaflet for further information.

60 CHEWABLE TABLETS

GAVICON

ADVANCE

CHEWABLE TABLETS

PEPPERMINT FLAVOUR

Manufacturers: Reckitt Benckiser Healthcare (UK) Ltd, Hull, HU8 7DS and RB NL Brands B.V. Schiphol Blvd 207, 1118 BH Schiphol, NL
PA Holder: Reckitt Benckiser Ireland Ltd., 7 Riverwalk, Citywest Business Campus, Dublin 24.



Gaviscon and are trade marks. PA 979/11/8

3160689

Package leaflet: Information for the use

Gaviscon Advance Chewable Tablets Peppermint Flavour
500 mg Sodium alginate, 100 mg potassium bicarbonate

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

This medicine is available without prescription. However, you will still need to take this medicine carefully to get the best results from it.

Always use this medicine exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you.

- Keep this leaflet. You may need to read it again
- Ask your pharmacist if you need more information or advice
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 7 days.

What is in this leaflet:

1. What Gaviscon Advance Chewable Tablets are and what they are used for
2. What you need to know before taking Gaviscon Advance Chewable Tablets
3. How to take Gaviscon Advance Chewable Tablets
4. Possible side effects
5. How to store Gaviscon Advance Chewable Tablets
6. Contents of the pack and other information

1. What Gaviscon Advance Chewable Tablets are and what they are used for

Gaviscon Advance Chewable Tablets belong to a group of medicines called 'reflux suppressants'. This product forms a protective layer that floats on top of the stomach contents. This layer prevents reflux and keeps the stomach contents away from the lining of the food pipe to provide fast, soothing and long-lasting relief from the pain and discomfort of heartburn and acid indigestion, which for example, can occur after meals or during pregnancy.

2. What you need to know before taking Gaviscon Advance Chewable Tablets

Do not take Gaviscon Advance Chewable Tablets if you know you are allergic (hypersensitive) to any of the ingredients as skin rashes and difficulty in breathing have been reported. See section 6 for a full list of ingredients. If symptoms persist after seven days consult your doctor.

Take special care with Gaviscon Advance Chewable Tablets:

Each two-tablet dose contains 103 mg of sodium (main component of cooking/table salt). This is equivalent of 5% of the recommended maximum daily dietary intake of sodium for an adult.

This medicine also contains 78 mg potassium per two-tablet dose. To be taken into consideration by patients with reduced kidney function or patients on a controlled potassium diet.

This medicine contains 80 mg calcium per two-tablet dose.

If you have been advised to follow a diet restricted in any of these please consult your doctor before taking this product.

Also talk to your doctor or pharmacist if you need four or more daily doses for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet or if you suffer or have suffered from significant kidney or heart disease, as certain salts could interfere with these diseases.

This product contains 4.5 mg aspartame (E951) in each tablet. Aspartame is a source of phenylalanine. It may be harmful if you have phenylketonuria (PKU), a rare genetic disorder in which phenylalanine builds up because the body cannot remove it properly.

Other medicines and Gaviscon Advance Chewable Tablets

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. Wait at least 2 hours between taking this medicine and other medicines such as tetracyclines, fluoroquinolones (types of antibiotics), iron salts, thyroid hormones, chloroquine (a medication used to prevent malaria), bisphosphonates (a medication used to treat osteoporosis) and estramustine (a medication to treat prostate cancer).

3160689

Pregnancy, breast-feeding and fertility

You can take this product if you are pregnant or breast-feeding.

3. How to take Gaviscon Advance Chewable Tablets

For oral administration.

Adults, including the elderly and children 12 years and over: When symptoms occur take one to two tablets after meals and at bedtime, or as directed.

Children under 12 years: should only be taken on medical advice.

Chew thoroughly before swallowing.

If you take more Gaviscon Advance Chewable Tablets than you should you may feel bloated and experience abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist.

If you forget to take Gaviscon Advance Chewable Tablets it is not necessary to double the dose next time, just carry on taking as before.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. If you experience these side-effects stop taking the product and consult your doctor immediately. Very rarely (less than 1 in 10,000) chance of an allergic reaction to the ingredients. Symptoms of this may include skin rash, itching, difficulty breathing, dizziness or swelling of the face, lips, tongue or throat.

Reporting of side effects

If you get any side effects talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRM Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 676 4871; Fax: +353 1 676 2517; Website: www.hpra.ie

E-mail: medsafety@hpra.ie

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Gaviscon Advance Chewable Tablets

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date (EXP: month/year) shown.

Do not store above 30°C.

Store in the original pack.

Do not throw away medicines via wastewater or household waste. Ask your doctor or pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Gaviscon Advance Chewable Tablets contain

Each Chewable Tablet contains 500 mg sodium alginate and 100 mg potassium bicarbonate as the active ingredients.

These tablets also contain mannitol (E421), calcium carbonate, macrogol 20,000, copovidone, magnesium stearate, aspartame (E951), acesulfame potassium and mint flavour.

What Gaviscon Advance Chewable Tablets looks like and contents of the pack

An off-white to cream, circular, flat with bevelled edges tablet with the odour and flavour of peppermint. Blister tray containing six individually sealed tablets. Two or four blister trays in a carton. Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Manufacturers: Reckitt Benckiser Healthcare (UK) Ltd, Hull HU8 7DS, UK and RB NL Brands B.V. Schiphol Blvd 207, 1118 BH Schiphol, NL

PA Holder: Reckitt Benckiser Ireland Ltd., Citywest Business Campus, Dublin 24.

This leaflet was last revised in: July 2020

For product queries or comments please call (01) 6305429.

3160689